

Outside Agency Directory

The following directory of agencies and support for parents/carers, staff supporting pupils and pupils themselves. Some of the resources and support available are age-limited and this should be checked prior to sharing information with families, pupils or making direct contact with the agency themselves.

This has been grouped into sections to help locate the most appropriate or helpful support. This list is not exhaustive, appropriate additions are welcomed and it will be updated at regular points throughout the year.

Focus of Support	Agency	Offer	Contact
Eating Issues	Beating Eating Disorders www.b-eat.co.uk	Help for young people: The Beat Youth line is open to anyone under 18.	Youthline: 0808 801 0711 email: fyp@beateatingdisorders.org.uk
	NHS Self Help APP - Eating Disorders https://web.nhs.uk/selfhelp/	A range of supportive leaflets and audios, which are available to download on a computer, via a phone, or via the APP.	https://web.nhs.uk/selfhelp/