

Outside Agency Directory

The following directory of agencies and support for parents/carers, staff supporting pupils and pupils themselves. Some of the resources and support available are age-limited and this should be checked prior to sharing information with families, pupils or making direct contact with the agency themselves.

This has been grouped into sections to help locate the most appropriate or helpful support. This list is not exhaustive, appropriate additions are welcomed and it will be updated at regular points throughout the year.

Focus of Support	Agency	Offer	Contact
Bereavement Support	Winstons Wish:	The Winston's Wish Freephone National Helpline is a vital support tool for those coping with bereavement. It is manned by trained clinical practitioners and is free and confidential.	Call 08088 020 021 for free advice and support.
	Cruse Bereavement http://www.cruse.org.uk/		Tel: Helpline – 0808 808 1677
	NHS Self Help APP - Bereavement https://web.nhs.uk/selfhelp/	A range of supportive leaflets and audios, which are available to download on a computer, via a phone, or via the APP.	https://web.nhs.uk/selfhelp/
		Adults with ADHD and a co-existing disorder such as autism. The Group have some very in depth discussions and a lot of good humour. Tea, coffee, juice and biscuits are provided!	